CAMPUS RECREATION MMC GROUP FITNESS SCHEDULE

REGISTRATION NOT REQUIRED

CLASSES ARE 50 MINUTES

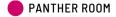
| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---------|---------------------------------|--|---------------------------------|--|-----------------------|------------------------------|
| 7:00AM | Cycling with Ray | Cycling with Meredith | Cycling with Ray | Cycling with Meredith | | |
| 11:00AM | | | | | | Cycling with Linda |
| 12:00PM | Cycling with Meredith | | Cycling with Meredith | | | Cycling with Linda |
| | Gentle Yoga with JC | | Gentle Yoga with JC | | | |
| 4:00PM | Cycling with Ray | Total Body Cardio Blast with Ray | Cycling with Ray | Total Body Cardio Blast with Ray | Power Yoga with JC | |
| | Power Yoga with JC | | Power Yoga with JC | | | |
| 5:15PM | Sculpt 360 with Ray | Cycling with Ray | Sculpt 360 with Ray | | | |

LOCATION KEY:

BLUE AND GOLD STUDIO |

CYCLING STUDIO |

PANTHER ROOM





BBC GROUP FITNESS SCHEDULE

REGISTRATION NOT REQUIRED

| | CLASSES ARE 50 MINUTES |
|--|------------------------|
|--|------------------------|

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
|--------|--------|------------------------------|------------------------------|--------------------------------|
| 1:00PM | | Cycling with Haley | | Cycling with Heather |
| 4:00PM | | | Cycling with Haley | |

LOCATION KEY: FITNESS STUDIO

