



# Student Government Association

(Health and Well-being Committee) Committee Meeting Minutes

Date: 10/24/2023

## I. Call to Order

- a. Meeting called to order at 3:35

## II. Roll Call (quorum=4)

Name	Position	Present/Absent	Required Attendance
Erika Noel	Chair	Present	
Jose Mejia	Vice Chair	Present	
Brian Velez	Senator	Present	
David Almansa	Senator	Present	
Manuela Truejos	Senator	Present	
Valeria Yamhure Herrera	Senator	Absent	
Daniel Del Riesgo	Senator	Absent	

## III. Unfinished Business

- a. Catch up.

## IV. New Business

- a. Allocate Wellness Wheel Event Responsibilities

- i. Spiritual
- ii. Emotional – Jose
- iii. Intellectual
- iv. Physical – Erika Noel/ Brian/ David
- v. Social
- vi. Environmental
- vii. Financial
- viii. Occupational

- b. Health & Wellness Survey Campaign

- i. Discuss Survey Resources Options List
  1. Jose Motion to have all the resources and Erika Noel second motion. All voted in favor.
- ii. Determine the individual responsible for survey creation. (Erika Noel)
- iii. Determine the individual responsible for survey distribution. (Jose Mejia)
- iv. Determine the individual responsible for data formatting. (Manuela Truejos)

## V. Next Action Items

- a. Members brainstorm and propose event ideas for each category. For next meeting



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- b. Members begin planning and preparing for their assigned sections of the wellness wheel.
- c. Survey creation for the health and wellness campaign.
- d. Gathering information on the cost of materials and potential student applicants for the med school or law school preparation/tutoring initiative.

#### VI. Reports

- a. Senate Leadership
- b. Committee
- c. Advisor

#### VII. Announcements

#### VIII. Meeting Adjournment

- a. Meeting adjourned at 4:01pm.