

Meeting Minutes

Date: 09/26/2023

Time: 3:38 PM - 3:56 PM

Location: Zoom

Present:

Erika Noel

Jose Mejia

Manuela Truejos

David Almansa

Meeting Called to Order

The meeting was called to order at 3:38 PM.

Agenda Item 1: Wellness Wheel Events

Each member discussed the possibility of organizing 1-2 events based on the wellness wheel.

A suggestion was made to provide preparation or tutoring resources for students applying to med school or law school. The goal is to alleviate the cost of materials required for graduate school applications.

Factors to consider for this initiative:

Cost of materials

Number of people applying

Percentage of the cost that can be covered

Agenda Item 2: Health and Wellness Campaign

A motion was raised to select 3-5 topics to determine the resources students truly need for the health and wellness campaign.

It was proposed to create a survey containing all available resources and allow students to choose their top 3 preferences.

The plan is to provide or expand resources based on the survey results.

Agenda Item 3: Division of Responsibilities

Erika motioned that each member should be responsible for one section of the wellness wheel.

The vote results were: 3 in favor, 1 abstention, 0 against. The motion passed.

Agenda Item 4: Next Meeting

It was agreed to discuss event ideas in the next meeting, with one member assigned to each category.

Meeting Adjournment

The meeting was adjourned at **3:56 PM**.

Next Meeting: **October 10th at 3:30 pm**

Action Items:

Members to brainstorm and propose event ideas for each category.

Members to begin planning and preparing for their assigned sections of the wellness wheel.

Survey creation for the health and wellness campaign.

Gathering information on the cost of materials and potential student applicants for the med school or law school preparation/tutoring initiative.