COMMUNITY RESOURCE GUIDE

PANTHERSCARE.FIU.EDU
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The following collection of community resources is not a complete list of resources in the community. Please use this guide as a means of somewhere to start your search. The resources below are not FIU affiliated. You will find we have included some FIU departments in the guide below as additional reinforcement that these services do exist for currently enrolled students.

Click here for a list of on-campus resources or email the Dean of Students Office at dos@fiu.edu for assistance. If you’re experiencing an off-campus emergency, please call 911.

**Dentistry**

*Community Smiles*
305-363-2222
Building G-110, 750 NW 20TH St Miami, FL
csmiles.org
Free to Low-cost dental services

*Tamiami Dental Center*
305-553-9655
13232 SW 8th Street, Miami, FL
tamiamidentalcenter.com
Low-cost dental services

**Domestic & Sexual Violence**

*Camillus Phoenix Program (for victims of DV and human trafficking)*
https://www.domesticshelters.org/help/fl/miami/33136/camillus-house-s-project-phoenix

*Florida Coalition Against Domestic Violence*
Domestic Violence/Florida DCF
1-800-500-1119
2415 North Monroe Street, Suite 400, Tallahassee, FL 32303-4190
425 Office Plaza, Tallahassee, FL
https://www.myflfamilies.com/services/abuse/domestic-violence
fcadv.org

*Florida Council Against Sexual Violence (FCASV)*
(850) 297-2000
www.fcasv.org
1820 East Park Ave., # 100
Tallahassee, FL 32301
Legal assistance for survivors of sexual violence. Training, education and public policy resource.

*HCA Florida Kendall Hospital Emergency Room SANE Program*
SANE Hotline Number: 305-222-5337
11880 Bird Road, Miami, FL, 33175
Certified rape treatment center providing emergency medical treatment and forensic exam for victims of rape and sexual assault.
Domestic & Sexual Violence (cont.)

Hialeah District Court
(305) 520-4031
11 E. 6th Street, Hialeah, FL 33010

Kristi House Inc. Children’s Advocacy Center
305-547-6800
kristihouse.org
1265 NW 12th Avenue, Miami, Florida
Provides treatment, advocacy, and coordination of services, within a healing environment, for all child victims of abuse and their families, as well as education and prevention services to end childhood abuse and sex trafficking.

Miami-Dade Advocates for Victims Safe Space Program
Hotline: 305-679-0303
Coordinated response for 4 shelters in Miami Dade County serving victims of domestic violence.

Miami Dade County Clerk of the Courts
Clerk’s Office Domestic Violence (305) 349-5813
You may obtain an injunction for protection at the following locations:

Lawson E. Thomas Courthouse Center
305-349-5888
175 N.W. 1st Avenue, Mezzanine Floor, Miami, FL

North Dade Justice Center
305-354-8736
15555 Biscayne Boulevard, Room 103, Miami, FL

South Dade Justice Center
305-252-5807
10710 S.W. 211 Street, Room 1306, Cutler Ridge, FL

Miami Dade State Attorney
Miami Dade State Attorney
(305)547-0100
https://miamisao.com/our-work/victim-services/
Victim services information and services
1350 NW 12th Avenue, Miami, FL
Domestic & Sexual Violence (cont.)

**M.U.J.E.R. Florida**
24/7 Helpline: (305)763-2459
305-247-1388
mujerfla.org
28905 S. Dixie Highway, Homestead, FL 33033
Certified rape treatment center advocacy for HCA Kendall SANE program. Comprehensive services for victims of sexual assault and domestic violence.

**Roxcy Bolton Rape Treatment Center**
24/7: 305-585-7273 call for directions
NW 17 Street between 10th and 11th Ave, Ambulatory Care Center East, jacksonhealth.org/rape-treatment
Certified rape treatment center providing forensic exams, medical treatment, support and crisis intervention. Individual and group therapy offered by licensed clinicians.

**Survivors’ Pathway**
786-275-4364
https://www.survivorspathway.org/en
33 SW 2nd Ave. Ste 101, Miami, Florida 33130
Offers counseling and advocacy services for LGBTQA+ survivors of domestic violence, intimate partner violence, sexual abuse, human trafficking and other forms of victimization.

**Employment & Training**

**Career Source of South Florida**
https://careersourceflorida.com/

**Vocational Rehabilitation**
https://www.rehabworks.org/
Financial and Unemployment Assistance

Citrus Health Network HAND Program
(305) 231-7667
240 E 1st Avenue, Hialeah, FL
citrushealth.org/programs-services/housing/HAND
Provides temporary rental assistance to very low-income persons who are currently homeless or at risk of being homeless.

Florida ACCESS Program
1-866-762-2237
myflorida.com/accessflorida
Provides financial and medical assistance, food stamps, and other supportive services to needy persons and families.

Florida Department of Children and Families
1-800-622-5437
myffamilies.com

Florida Kid Care
1-800-540-8771
floridakidcare.org
From birth through the end of age 18, Florida children are eligible for head to toe coverage, even if one or both parents are working.

Miami Dade County
1-866-488-7386
miamidade.gov
Miami Dade County offers affordable rental housing, free tax prep, food stamps, a college discount program to ride Metrobus or Metrorail, low cost spays or neuter surgery for pets, and a variety of additional services.

Reemployment Assistance Program
https://www.stateofflorida.com/articles/florida-unemployment/ The best way to find out if you are eligible is to apply.

Sunshine For All, Inc. STRMU Program
305-285-3217
1407 SW 22nd Street, Miami, Florida
sunshineforall.org/charity-organization-short-term-rent-mortgage-utility-strmu-assistance
The Short-Term Rental, Mortgage & Utility Assistance Program provides up to 21 weeks of short-term rental, mortgage and/or utility assistance to help currently housed HIV+ low income persons stay housed.

United Way of Miami-Dade
1-800-656-4673
unitedwaymiami.org
United Way offers free expert tax preparation, free credit and debit counseling, low prescription costs, free services for veterans, health and other educational programs.
**FIU Resources**

*Counseling & Psychological Services*
305-348-2277
caps.fiu.edu
CAPS is committed to providing consultation to the FIU community affected by threatened or actual violence and promoting the ability to live a full, rich life.

**FIU Law Clinic**
305-348-7876
11200 SW 8 Street, Rafael Diaz-Balart Hall Room 1010, Miami, FL
law.fiu.edu/fiu-law-practice
Consultations and referrals only.

**Fostering Panther Pride**
305-348-3445
http://sas.fiu.edu/fpp/
Florida International University’s Fostering Panther Pride (FPP) program offers tailored academic and support services to students identified as formerly in foster care or homeless.

**Pride Student Union**
https://libguides.medlib.fiu.edu/transinfo
This LibGuide is intended to provide health and social services resources to the transgender community.

**Student Food Pantry**
Please visit the website for most up to date hours of operation
The purpose of the food pantries is to serve FIU students in need. The pantries are available to students on both campuses. The BBC Student Food Pantry located in WUC 307 is run by the department of Healthy Living Program. The MMC Food Pantry, located in GC 319 is run by the Center for Leadership & Service.

**Student Health Clinics (SHC)**
305-348-8385 – Please call ahead for up-to-date information on making appointments
studenthealth.fiu.edu
SHC provides affordable and accessible student-focused medical care and promotes healthy lifestyles through education, mentorship, and research activities thus facilitating the academic success of our students.

**Victim Empowerment Program (VEP)**
305-348-2277
vep.fiu.edu
advocacy@fiu.edu
11200 SW 8th Street, SHC 270, Miami, FL
VEP provides free confidential assistance to FIU students who have been victimized through threatened or current violence.
Food Insecurity & Assistance

Access Florida Card - Food Stamps
https://www.freshebt.com/state/florida/ How do I apply for food stamps? The easiest way to apply for food stamps is online. If you’d rather apply in person, call your local office or the Florida SNAP hotline (1-866-762-2237) to find out how.

Emergency Food Assistance Program (TEFAP)
freshfromflorida.com/Food-Nutrition/Nutrition-Programs/The-Emergency-Food-Assistance-Program-TEFAP
TEFAP is a U.S. Department of Agriculture (USDA) food distribution program that provides nutritious, high-quality foods to low-income households, distributes food to participating food banks, food pantries, soup kitchens and other feeding sites, and supplies food to be served to individual households or as prepared meals in a community setting for eligible recipients.

Food Finder
https://foodfinder.us/
FoodFinder’s website and app act as food pantry locators that show you when and where to get free food assistance in your area.

Jewish Community Services Kosher Food Bank
305-947-8093
15455 W Dixie Hwy, North Miami Beach, FL 33162
jcsfl.org/programs/kosher-food-bank
The charity helps the struggling in Jewish community or any other low-income family that needs kosher food. Or get home meals delivered, information on medical care, and other support.

Salvation Army - Community Pantry
305-637-6700
1907 NW 38th Street, Miami, Florida 33142
salvationarmyflorida.org/miami-ac
Resources include a food pantry, Christmas and Thanksgiving meals, and maybe even home delivered meals for the homebound and senior citizens

WhyHunger
1-800-548-6479
https://networks.whyhunger.org/
The WhyHunger Hotline refers people in need across the U.S. to food pantries, soup kitchens, summer meals sites, government nutrition programs and grassroots organizations, especially those that provide access to nutritious foods and nutritional support services.
The North Broward Hospital District Health Care for the Homeless Program provides primary health care and related services to individuals who are homeless in Broward County at fixed and mobile locations.

**Care Resources**
careresource.org
Provides free physical exams, free HIV/STI testing, medical care, dental care, PrEP-PEP, and more.

**Free or Low-Cost Clinics - Miami-Dade**
Dade: https://www.healthyfla.org/copy-of-martin

**Free or Low-Cost Clinics - Broward**
https://www.healthyfla.org/copy-of-template-3

**JCS of South Florida**
305-576-6550
https://jcsfl.org/jcs-access/
JCS specializes in compassionate services that address the unique needs of children, adolescents and young adults. Access Services provides information and referral services to individuals, families and the community when they don’t know where else to turn

**Medicaid**
benefits.gov/benefit/1625
Medicaid provides medical coverage to low-income individuals and families. Services are administered by the Agency for Health Care Administrators

**Ryan White Program**
ryanwhite.hrsa.gov/hiv-care/services
Provides a comprehensive system of HIV primary medical care, essential support services, and medications for lowincome people living with HIV who are uninsured and underserved. Services are exclusive for those with HIV/AIDS.

**The Substance Abuse and Mental Health Services Administration (SAMHSA)**
1-800-662-HELP
samhsa.gov/find-help
SAMHSA’s mission is to lead public health and service delivery efforts that promote mental health, prevent substance misuse, and provide treatments and supports to foster recovery while ensuring equitable access and better outcomes.
Health & Wellness (cont.)

Thriving Mind
305-858-3335 or The Thriving Mind Help Line 1-888-248-3111
https://thrivingmind.org/
Thriving Mind South Florida promotes access to effective, accountable and compassionate care for individuals and families in our community with mental illnesses and substance use disorders. We do this to help South Florida live with health, hope and dignity. The also provide a list of community providers which they have contracts with that are aimed for the mental health and substance abuse community. If you go to the “provider” page there is a list of several in Dade County along with each website.

Homelessness Resources

Broward County’s Homeless Coordinated Entry and Assessment Screening, Information and Referral (CEASIR)
954-563-HELP (4357)
Operated by Homeless Helpline.

Broward/Ft. Lauderdale Homeless Resources

Camillus Day Center
https://www.camillus.org/what-we-do/assistance-basic-needs/
Offers services which homeless individuals can access regardless of shelter placement

Chapman Partnership
(305) 329-3000
1550 N Miami Avenue, Miami, FL 33136
chapmanpartnership.org
The Chapman Partnership helps the homeless by providing a support programs including: emergency housing, meals, health, dental and psychiatric care, day care, job training, job placement and assistance with securing stable housing.

City of Miami Homeless Assistance Program
(305) 960-4980, Option #1
https://www.miami.gov/My-Government/Departments/Human-Services/Homeless-Assistance
Assistance by placement into appropriate housing and/or shelter. The program provides outreach, assessment, placement, information, referral and transportation services to homeless individuals and families.

Florida Domestic Violence Hotline
1-800-500-1119
fcadv.org/florida-domestic-violence-hotline-1-800-500-1119
For individuals and families fleeing domestic violence.
Homelessness Resources (cont.)

Homeless Helpline
1-877-994-4357
homelesstrust.org
You must call daily until a bed becomes available. Options will be given when you call so please listen carefully.

Lotus House
305-438-0556
217 NW 15th Street, Miami, FL 33136 lotushouse.org
Lotus House empowers women and children to heal, learn, and grow. They offer a safe haven for women, families, and youth who are survivors of trauma.

National Call Center for Veteran Homelessness
1-877-424-3838
va.gov/homeless/nationalcallcenter.asp
You’ll get information about VA homeless programs, health care and other services in your area.

Hot Showers
Camillus House
305.374.1065
1603 NW 7th Avenue, Miami, FL 33136
camillus.org
Showers are provided for women on Mondays, Wednesdays and Fridays from 7:30 a.m. to 9:00 a.m. Showers are provided for men on Mondays, Wednesdays and Fridays from 9:15 a.m. to 11:30 a.m.

Miami Rescue Mission
305-571-2211
2020 NW 1st Avenue, Miami, FL 33127
miamirescuemission.com
Showers are provided on Mondays, Wednesdays, Fridays and Saturdays at 3:30 p.m. Can refer local families to programs, charities, and non-profits in Miami. In addition to groceries and items like baby formula, the location may have gently used clothing and vouchers. Meals are served every day at 4:00 p.m.

Showering Love Calendar
https://showeringlove.org/community-outreach/
Mobile showering unit.
LGBTQA+ Resources

Black LGBTQ+ Liberation, Inc. (BLINC)
https://www.blinc.love/
A South Florida-based nonprofit focused on helping BIPOC LGBTQ+ people lead happier and healthier lives through the arts, health and wellness programs, and strategic community partnership.

Care Resource
https://careresource.org/
Federally Qualified Health Center that offers medical, behavioral health, dental, testing & prevention, and client support center.

Empower U
https://euchc.org/
Federally Qualified Health Center (FQHC) dedicated to empowering, educating, and promoting better health care choices for individuals and families at risk for and/or affected by health disparities.

Latinos Salud
(305) 397-8967
925 Arthur Godfrey Road, Miami Beach, FL
latinossalud.org
Aims to help Latino men and their partners stay safe from, or live healthier with HIV.

LGBT National Help Center
1-888-843-4564
glnh.org
Serves LGBTQA+ individuals with free confidential peer-support and local resources.

Pridelines
(305) 571-9601
6360 NE 4th Ct, Miami, FL
pridelines.org
Pridelines offers safe environments for all LGBTQ youth, adults and allies, and offer a wide-range of programs and services.

Rainbow Lotus House - LGBTQ Shelter
305-438-0556
217 NW 15th St, Miami, FL
lotushouse.org/rainbow-lotus
Provides shelter, meals, clothing, educational assistance, job readiness training, access to specialized health care and mental health treatment, each LGBTQ participant is provided with personalized, individual counseling tailored to her/his unique issues and challenges, in addition to discovering the support of peers and allies in Rainbow Lotus support groups.
LGBTQA+ Resources (cont.)

Sun Serve Social Services
954-764-5150
2312 Wilton Dr Wilton Manors, FL
sunserve.org
Provides life assistance and professional mental health services for marginalized youth and adults.

Survivors’ Pathway
786-275-4364
1801 Coral Way, Miami, FL
survivorspathway.org
Offers counseling and advocacy services for LGBTQA+ survivors of domestic violence, intimate partner violence, sexual abuse, human trafficking and other forms of victimization.

The Alliance for GLBTQ Youth
305-899-8087
1175 NE 125th St #103, North Miami, FL
glbtgalliance.org
Serves youth, families and their communities while advocating for equal rights and status of all youth regardless of their real or perceived sexual orientation or gender identity/ expression.

The Yes Institute
305-663-7195
5275 Sunset Dr, Miami, FL
yesinstitute.org
Seeks to provide suicide prevention services and ensure the healthy development of all youth through powerful communication and education on gender and orientation.

TransSocial
https://transsocial.org/
Works to promote unity within the transgender community and increase trans visibility and understanding in the community

Unitarian Universalist Congregation of Miami
https://www.uumiami.org/
Local & State Hotlines

**Family Health Line**
1-800-451-2229
floridahealth.gov/programs-and-services/womenshealth/pregnancy/family-health-line.html
State-wide, free hotline offering counseling information and referrals about pregnancy, infant and toddler issues.

**Florida Abuse Hotline**
1-800-962-2873
dcf.state.fl.us/service-programs/abuse-hotline
Accepts reports of known or suspected child abuse, neglect, or abandonment and reports of known or suspected abuse, neglect, or exploitation of a vulnerable adult.

**Florida Bar Lawyer Referral Service**
1-800-342-8011
floridabar.org/public/lrs
The Lawyer Referral Service staff will give you the name, address and telephone number of an attorney in your geographic area who handles the type of case you describe.

**Florida HIV/AIDS Hotline**
1-800-352-2437
211bigbend.org/flhivaidshotline
State-wide resource for HIV/AIDS-related information, community referrals and telephone counseling.

**Roxcy Bolton Rape Treatment Center**
24/7: 305-585-7273 call for directions
NW 17 Street between 10th and 11th Ave, Ambulatory Care Center East
jacksonhealth.org/rape-treatment
Certified rape treatment center providing forensic exams, medical treatment, support and crisis intervention. Individual and group therapy offered by licensed clinicians.

**Switchboard of Miami**
211 or 305-358-4357
jcsfl.org/services/helpline
Miami-Dade telephone counsellors will refer you to appropriate crisis intervention services near you.
National Hotlines

988 Suicide & Crisis Lifeline
988
988lifeline.org/
We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

Disaster Distress Helpline
1 (800) 985-5990
samhsa.gov/find-help/disaster-distress-helpline
SAMHSA’s Disaster Distress Helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters.

National Alliance on Mental Illness
1 (800) 950-6264
nami.org
NAMI can assist with questions about mental health, treatment options, support groups and legal issues.

National Suicide Prevention Lifeline
1 (800) 273-8255
suicidepreventionlifeline.org
Services provided include free and confidential suicide prevention and mental health counseling.

Rape, Abuse & Incest National Network
1 (800) 656-4673
https://www.rainn.org/

The National Domestic Violence Hotline
1 (800) 799-7233
thehotline.org
Confidential resource for anyone experiencing domestic violence, seeking information, or questioning unhealthy aspects of their relationship.

Trevor Project Youth Suicide/Crisis Line
1 (866) 488-7386
thetrevorproject.org
The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to LGBTQA+ individuals under the age of 25.
Pro Bono & Low-Cost Legal Services

Broward County Legal Aid
954-765-8950
491 North State Road 7, Plantation, FL
https://www.browardlegalaid.org/get-help/

Catholic Charities Legal Services
https://www.cclsmiami.org/
Serving refugee and immigrant communities.

Dade Legal Aid
305-579-5733
123 N.W. 1st Avenue, Miami, FL
dadelegalaid.org

Florida Law Help
FloridaLawHelp.org
Offers a free pro bono/legal aid directory guide for legal services in Florida.

Legal Services of Greater Miami
305-576-0080
4343 West Flagler Street, Suite 100 Miami, FL
legalservicesmiami.org/self-help
Provides free civil legal services for the low-income communities of Miami-Dade and Monroe Counties

The Florida Bar
floridabar.org/public/probono
Support Groups

**AL-ANON Friends & Families of Alcoholics**
Meeting Information: 1-888-425-2666
Miami-Dade: 305-663-1432 | Broward: 954-491-1915
al-anon.org
Al-Anon Family Group Headquarters, Inc. is a spiritually based organization that helps the families and friends of alcoholics connect and support each other through barrier free meetings, information, and shared experiences.

**Alcoholics Anonymous**
24 Hour Helpline: 305-461-2425
aamiamidade.org
Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

**Eating Disorder Recovery Miami**
786-296-2956

**Galen Hope**
866-304-0792
galenhope.com/eating-disorders-treatment/
Provides treatment programs for eating disorders to individuals of all ages.

**Gamblers Anonymous**
FL Council on Compulsive Gambling
1-888-236-4848
gamblinghelp.org
A 24/7, confidential, and multilingual problem gambling helpline offering free services

**Narcotics Anonymous**
24 Hour Helpline: 844-623-5674
Miami-Dade: 305-265-9555 Broward: 954-476-9297
namiami.org
NA provides an environment in which addicts can help one another stop using drugs and find a new way to live.

**Sex Addicts Anonymous**
saa-recovery.org
Offers programs to help individuals recover from sex addiction.
Transportation

College Discount Program
Full time college, university, and vocational/technical school students may purchase a discounted 1-Month College Mobile Pass for ($56.25).

Veteran Resources

Operation Sacred Trust
https://www.operationsacredtrust.com/

Volunteers of America
https://www.voa.org/services/supportive-services-for-veterans-and-their-families/

To be included on our community resource guide please email dos@fiu.edu with a description of the services offered.