

DRUG-FREE SCHOOLS & COMMUNITIES ACT

**BIENNIAL REVIEW OF ALCOHOL AND OTHER DRUG (AOD)
PROGRAMS AND POLICIES
DFSCA PART 86
JULY 1, 2020 - JUNE 30, 2022**



**FLORIDA
INTERNATIONAL
UNIVERSITY**

FY 2020-2022
Biennial Review of
Alcohol and Other Drug (AOD)
Programs and Policies
7.1.2020 to 6.30.2022
Drug-Free Schools and Communities Act
(DFSCA)
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INTRODUCTION

The following report was prepared by the Florida International University (FIU) Drug-Free Campus/Workplace Drug and Alcohol Abuse Task Force (AODTF) to meet the requirements of the 1989 amendments to the Drug-Free Schools and Campuses Act, as articulated in Part 86, the Drug-Free Schools and Campuses Regulations.

The Drug-Free Schools and Campuses Regulations (EDGAR Part 86.100 [b]) require Florida International University (FIU) to conduct a biennial review of its Alcohol and Other Drug (AOD) Programs and Policies to:

- Determine program effectiveness
- Determine consistency of policy enforcement Identify and implement any necessary changes
- Ensure the University consistently enforces the disciplinary sanctions for violations of the University Standards of Conduct

To certify its compliance with the Part 86 Regulations, the University must:

- Adopt and implement a drug prevention program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by all students and employees both on school premises and as part of any of its activities
- Develop a sound method for distribution of the policy to every student and FIU staff member each year.
- Review its AOD programs and policies every two years

The Biennial Reviews include the following elements:

1. Descriptions of the AOD program elements
2. A statement of AOD program goals and a discussion of goal achievement
3. Data for current programs and services
4. Summaries of AOD program strengths and weaknesses
5. Recommendations for revising AOD programs (when applicable)
6. Procedures for distributing AOD policy to and employees
7. Links to the policies distributed to students and employees



Mission and Overview of the AOD Task Force

The 1989 amendments to the Drug-Free Schools and Communities Act (DFSCA), as articulated in the Education Department General Administrative Regulations (EDGAR) Part 86, lay out several requirements with which all institutions of higher education receiving any form of federal funding must comply. The regulations' structure and format provide enough flexibility that FIU can tailor its Task Force to suit FIU circumstances; support FIU initiatives; and provide a springboard for a thorough review, evaluation, and adaptation of its AOD prevention.

The AOD Task Force (AODTF) addresses the issues of alcohol and substance misuse throughout the FIU community. The Task Force will support FIU's mission to prevent the unlawful possession, use, or distribution of alcohol and illicit drugs by students, visitors, and employees. Through its members, AODTF efforts focus on creating innovative and leading practices for preventing alcohol and substance misuse, early intervention, education, enforcement, social norming, healthy alternatives, and other environmental strategies for related topics. The AODTF disseminates the information to the university community, as appropriate.

The AOD Task Force has and will continue to:

- Monitor AOD programming through reviewing and reporting on prevention of alcohol and drug use on campus and provide programming recommendations
- Review and make AOD policy recommendations to the University
- Review annual report produced by student conduct related to disciplinary sanctions for violation of AOD policy and make systematic recommendations, as needed
- Work with University administration to establish and publish Campus and Drug-Free Workplace policies and expectations, recommend accommodations for individuals with substance use problems, and publish AOD resources for the university community
- Collaborate with individuals the University level, the local community level, and at the state level to advance the mission of the AODTF
- Produce the FIU Biennial Review and Report by December of even numbered years for the previous two fiscal years

AOD Task Force Representation

The issues pertaining to the alcohol and substance use landscape continuously evolve on university campuses, requiring an interdisciplinary team to identify and monitor current trends and to provide updates and recommendations to University administration on ways to best manage them. The AOD Task Force includes representation from FIU faculty and staff as well as representation from FIU's Division of Academic and Student Affairs, including:

- Counseling and Psychological Services
- Community-Based Research Institute
- Compliance & Integrity
- Disability Resource Center
- Healthy Living Program
- Office of Employee Assistance
- Housing & Residential Life
- Student Conduct and Academic Integrity
- Student Life & Development
- University Athletics
- University Police Department
- Robert Stempel College of Public Health & Social Work
- Nicole Wertheim College of Nursing & Health Sciences

OTHER FIU PROGRAMS ASSISTING WITH AOD EFFORTS

Florida International University offers several health services and programs to the Miami-Dade and Broward communities. Some of these programs offer AOD-related, mental health and dual-diagnoses services to community members. The Green Family Foundation Health Education Learning Program (NeighborhoodHELP) is the platform for the Herbert Wertheim College of Medicine's community-engaged mission emphasizing social accountability and interprofessional household-centered care. Through this program, medical students are immersed in the community as members of interprofessional teams, which include nursing, social work, and physician assistant students, with education and law students available per each household's identified needs. The Department of Psychiatry and Behavioral Health (PBH) was established in the fall of 2008 as part of the new FIU Herbert Wertheim College of Medicine. PBH collaborates with hospitals and other organizations throughout South Florida to provide training and education, innovative research, and superior clinical services. As part of the FIU Health Care Network, the PBH offers a Behavioral Health Faculty Practice where FIU faculty and staff and members of the Miami Dade and Broward communities may receive specialized behavioral health services.

AOD PROGRAMS AND SERVICES

FIU AOD programs and services result from the coordinated efforts of several units on campus. While many of environmental and direct services are provided by Counseling and Psychological Services (CAPS) and the Healthy Living Program (HLP), and the Office of Employee Assistance (OEA), students, faculty, and staff also benefit from interfacing with several other units and groups which play a role in alcohol and drug abuse prevention efforts. Students who violate campus AOD policies are referred to the office of Student Conduct and Academic Integrity (SCAI) or the University Police Department, depending on the circumstances of their AOD violation. Units providing AOD-related services, strategies, or activities are listed on pages 16-19.

It is important to note that University operations were significantly impacted during this reporting period due to the COVID-19 pandemic.

STATEMENT OF AOD PROGRAM GOALS AND ACHIEVEMENTS

The primary goal of FIU's AOD environmental and direct prevention strategies is to maintain student, faculty and staff health and wellbeing. For students, our goal is to maintain or enhance academic achievement, retention, and graduation rates through population-level prevention campaigns that inform university community members about the negative consequences of alcohol and/or drug misuse. Counseling and Psychological Services and FIU-Community Based Research Institute collaborate to provide brief motivational counseling and consultation services for students who have identified substance use/abuse as issues of concern. The FIU Office of Employee Assistance provides education, support, and assistance for personal or family-related alcohol and drug issues. Since the prior Biennial Review, we have expanded efforts with the inclusion of direct strategies with funding support from SAMHSA to implement individual-level strategies facilitated at CAPS and through FIU-CBRI; these strategies include motivational interviewing and guided self-change sessions. Additionally, we expanded education and prevention training through a collaboration of CAPS, FIU-CBRI, and the Robert Stempel College of Public Health & Social Work.

We have measured achievement of our goals by:

- Reviewing available survey data, such as the National College Health Assessment
- Monitoring alcohol and other drug incidents as reported by Student Conduct and Academic Integrity and the University Police Department
- Providing reports on sanctions for students in violation of the University's drug and alcohol policies
- Collecting data on direct services from CAPS, OEA, and the Student Health Clinics, primarily related to alcohol and other drugs

OFFICE OF EMPLOYEE ASSISTANCE (OEA)

EMPLOYEES

The university offers an onsite, internal employee assistance program (EAP) to provide services. The EAP is known as the Office of Employee Assistance (OEA) under the direction of an FIU administrator/clinician and staff clinicians.

The OEA program includes the following services:

- ☐ Confidential onsite or virtual services available Monday through Friday from 8:30am to 5pm. Six (6) professional short-term counseling sessions are available, per issue, per year.
- ☐ Available to active and retired faculty and staff, household members and legal dependents ages 18 and over.
- ☐ Help available for a range of services including relationship support, stress management, work/life balance, family issues, grief and loss, depression, anxiety, substance misuse and self-esteem and personal and professional development.
- ☐ Online resources such as a mental health screening program, psycho-educational articles, video resources, live and recorder webinars.
- ☐ Facilitated support groups and a book club that offers a reading group every semester. Management consultations to address leadership and organizational issues.
- ☐ Referral to specialists and case management to liaise clients with agencies or providers. Fitness for duty evaluation management and return to work coordination.

2020-2022 OEA UTILIZATION RATE

SERVICE ENGAGEMENT	YTD	PRIOR YTD
Total covered employees	5000	5000
Annualized utilization rate	6.85%	7%
Total member services requested	342	350
Total organizational services & participants	143	177

OEa MOST COMMON PRESENTING CONCERNS

TOP PRESENTING ISSUES	YTD	PRIOR YTD
Anxiety	25%	25%
Stress/Distress	20%	18%
Depressed Mood	15%	13%
Relationship: Marital/Significant Other	12%	12%
Work-related Stressors	10%	12%
Relationship: Family	6%	8%
Grief/Loss	5%	4%
Financial/Legal	3%	4%
Trauma	2%	2%
Substance Use/Misuse	1%	1%
Medical Condition	1%	1%



AOD OUTREACH DATA

2020-2021

During academic year 2020-2021, most university operations were remote due to the COVID-19 pandemic; they slowly transitioned to more on-campus services by the end of the year. The limited on-campus operations at the university resulted in a 58% decrease in encounters when compared to the previous year. Activities had a combined reach of 3,348 individuals, with audiences including students, faculty, and staff. Most AOD programming conducted was for students, with a total of 56 activities and 1,980 student encounters. Twenty-two Faculty and Staff outreach events and 42 trainings were conducted with a total reach of 1,368 participants.

The mental health challenges brought on by the pandemic could exacerbate unhealthy coping mechanisms, such as alcohol and drug misuse. To assist with these challenges, weekly Instagram (IG) Live journaling sessions were hosted to help the FIU community cope through the changes and challenges of 2020. Session participants were provided with reflective prompts during the live session and journaled together alongside the host. Topics included failing forward and resilience, growth, expectations, happiness, and self-love. These sessions had a total of 1,717 student encounters for the academic year.

The Office of Employee Assistance (OEA) created two new virtual support groups and a new virtual meditation program for faculty or staff to join to address the very disturbing health crises we were experiencing. The *Mindfulness in Togetherness* meditation program offered weekly virtual mindfulness and meditation sessions. The *Gathering Place* support group offered faculty and staff an opportunity to explore and learn ways to counter stress overload, bolster their mood, improve their outlook, and preserve their mental well-being. It was a place to become inspired, to talk, to laugh, to voice struggles, and to find a sense of belonging. Lastly, the *Lunchbox Panthers* support group focused on strategies for effective communication, building stronger alliances, and enhancing emotional resiliency in both workplace and home settings while enduring present day challenges. Beyond support groups, the Office of Employee Assistance created the following fourteen psycho-educational virtual workshops to address the challenges of 2020, and 2021. Each workshop was offered multiple times and added to FIU Develop, the FIU learning management system for faculty and staff to enroll and take on demand.

OEA Training Workshops:

- ☐ *Cultivating Emotional Balance in an Unbalancing Time*
- ☐ *Drug and Alcohol Training for Marine Employees*
- ☐ *Employee Labor Relations Roundtable for Supervisors*
- *Enduring the Unendurable – Finding Perspective*
- ☐ *Enhancing Couples Relationships During Covid Stress*
- *FIU Rising – A Message of Hope and Resilience*
- *Help Within Reach – How to Access the Office of Employee Assistance*
- ☐ *Managing the Stress of Social Distancing and Remote Work*
- ☐ *Meaningful Communication During Difficult Times*
- *Mental Health Matters – Part 1 & Part 2*
- ☐ *Mindful Leadership During Critical Times*
- ☐ *Mindful Ways to Be Happier Today*
- ☐ *Mindful Wellbeing at Work*

There were 14 AOD-related topics covered during outreach efforts, including sexual health and substance use, AOD policies, and coping mechanisms.

FY 2020-2021		
Activities	Total Activities	Total Encounters
Events- Virtual	5	97
Events- In-person	2	31
Presentations/Workshops- Virtual	22	873
Presentations/Workshops- In-person	0	0
Trainings	42	630
Social Media	40	1,717
TOTALS	111	3,348
Total Students Served	1,980	
Total Faculty/Staff Served	1,368	
Combined Audiences Served	0	

AOD OUTREACH DATA

2021-2022

During academic year 2021-2022, 19 in-person and 16 virtual activities were conducted. These activities had a combined reach of 1,752 students, faculty, and staff. Most AOD programs conducted were focused on students, with a total of 22 activities and 972 encounters. Faculty and Staff outreach had a total of 13 activities and 46 trainings with a reach of 1,500, an increase of 8.8%.

In conjunction with the MARC U*STAR program, HLP developed and implemented the “Prepping Panthers for Healthy Living” workshop series. The series featured 14 workshops throughout the fall and spring terms addressing various wellness topics, including safe partying strategies, and failing forward (resilience programming). The Marc U* Star program also invited FIU’s Healthy Living Program to participate in the National Institutes of Health (NIH) Resiliency Training Program to enhance resiliency skills.

The Office of Employee Assistance (OEA) created the following sixteen psycho-educational virtual workshops to address the challenges of 2022 for our faculty, staff, and retirees. Each workshop was offered multiple times and added to FIU Develop, the FIU learning management system for faculty and staff to enroll and take on demand.

OEA Training Workshops:

- *The Anxiety Toolbox - Coping with Anxiety*
- *Activating Gratitude in Your Life*
- *Bipoc and LGBTQIA Mental Health Awareness*
- *Bouncing Back from Remote Work*
- *Caring for FIU Retirees*
- *Health and Wellness and Substance Use Awareness*
- *Igniting Hope Through Gratitude*
- *Managers Webinar on OEA Resources*
- *Mindful Holidays - Taking Pause to Gain Perspective*
- *Returning to Work Guidelines and Wellness for Supervisors*
- *The Power of Forgiveness*
- *The Art of Embracing All of You*
- *The Power of Growth Through Vulnerability*
- *The Power of Grateful Living*
- *Mindful Living*
- *We Are One - Mindfulness for All*

FY 2021-2022		
Activities	Total Activities	Total Encounters
Events- Virtual	0	0
Events- In-person	10	796
Presentations/Workshops- Virtual	13	780
Presentations/Workshops- In-person	9	93
Trainings	48	720
Social Media	3	83
TOTALS	83	2,472
Total Students Served	972	
Total Faculty/Staff Served	1,500	
Combined Audiences Served	0	



STUDENT CONDUCT AND ACADEMIC INTEGRITY

Sanction and Intervention Data

2021-2022

AY 2020-2021	
Charge/Issue	Total
Alcohol - Possession, use or consumption under 21	26
Alcohol - Dispensing, selling, or supplying alcohol to under 21	3
Alcohol - Public Intoxication	1
Alcohol - Hosting or sponsoring a gathering where under 21 consume alcohol	1
Alcohol - Reporting to class under the influence of alcohol	1
Drugs - Possession or use	17
Drugs - Distribute, dispense, deliver, trade, sell and/or attempt to sell drugs	3
Drugs - Possession and/or use of drug paraphernalia	12
Totals	64

AY 2020-2021	
Sanction	Total
Online Alcohol Education Program	15
Online Drug Education Program	17
Reflection Paper - Alcohol	13
Reflection Paper - Marijuana	15
Totals	60

AY 2021-2022	
Charge/Issue	Total
Alcohol - Possession, use or consumption under 21	90
Alcohol - Dispensing, selling, or supplying alcohol to under 21	6
Alcohol - Possession of open container	1
Alcohol - Public Intoxication	4
Alcohol - Hosting or sponsoring a gathering where under 21 consume alcohol	8
Alcohol - Use and/or possession of devices for rapid consumption of alcohol	2
Drugs - Possession or use	14
Drugs - Distribute, dispense, deliver, trade, sell and/or attempt to sell drugs	3
Drugs - Possession and/or use of drug paraphernalia	13
Totals	141

AY 2021-2022	
Sanction	Total
Online Alcohol Education Program	32
Online Drug Education Program	9
Reflection Paper - Alcohol	30
Reflection Paper - Marijuana	7
Totals	78

FIU AOD PARTNERS

COLLABORATIVE IMPACT

FIU offers several health services and programs to Miami-Dade and Broward communities; some of these programs offer AOD-related, mental health and dual-diagnoses services to community members. The following is a summary of the FIU programs and their AOD-related services and activities during the 2020-2022 academic years.

FIU BEHAVIORAL HEALTH FACULTY GROUP COMMUNITY

AY 2020-2021	Top 3 Psychiatric Diagnoses
	Generalized Anxiety
	Anxiety Disorder (Unspecified)
	Primary Insomnia
	Unique Behavioral Health Patients- 149

AY 2021-2022	Top 3 Psychiatric Diagnoses
	Generalized Anxiety
	Anxiety Disorder (Unspecified)
	Primary Insomnia
	Unique Behavioral Health Patients- 149

AY- 2020- 2021

- NeighborhoodHELP Behavioral Health faculty (Psychiatrist + Behavioral Health therapists) completed 1189 behavioral health appointments for 116 unique patients.
- 469 completed appointments by MSW

AY- 2021- 2022

- NeighborhoodHELP Behavioral Health faculty (Psychiatrist + Behavioral Health therapists) completed 804 behavioral health appointments for 99 unique patients.
- 284 completed appointments by MSW

FIU STUDENT HEALTH CLINICS

AY 2020-2021	Top 3 Psychiatric Diagnoses
	Generalized Anxiety Disorder
	Depressive Disorder (Moderate)
	ADHD (predominantly inattentive type)
	Unique Behavioral Health Patients- 529

AY 2021-2022	Top 3 Psychiatric Diagnoses
	Generalized Anxiety Disorder
	ADHD (predominantly inattentive type)
	Depressive Disorder (Moderate)
	Unique Behavioral Health Patients- 464

PROGRAM STRENGTHS

The current strengths of FIU's alcohol and other drugs prevention efforts stem from concerted, collaborative efforts of faculty and staff from a variety of departments. The Task Force is comprised of Academic and Student Affairs staff and administrators (Healthy Living Programs (HLP), Counseling and Psychological Services (CAPS), Residential Life, Student Conduct and Academic Integrity (SCAI)) and representation from the Athletics Department and the Office of Employee Assistance (OEA). Research faculty (from Nursing as well as Public Health and Social Work colleges) and students (from Public Health, Counseling Psychology and/or the Panthers for Recovery student club) are also active in the Task Force. The Task Force has standing monthly meetings, with 15 members from core departments consistently in attendance. The collaborative relationships established by the taskforce help to enhance AOD efforts throughout the university. Our FIU AOD prevention program strengths from 2020-2022 include:

- Co-chairs for the taskforce were identified to ensure both the student and faculty/staff needs are met.
- After many years of advocacy from the AODTF, the university identified funding for an AOD Coordinator. The AOD coordinator was hired in January 2022.
- The AOD coordinator developed an administered a survey to better understand the specific needs of the FIU student population.
- Despite the transition to remote and/or limited campus operations during this reporting period, university departments hosted numerous events with a specific focus on AOD and/or improving resilience.
- FIU faculty contributed to robust research and publications related to AOD misuse prevention and treatment. During this reporting period, FIU Faculty conducted and/or published 123 AOD-related research publications. See a complete list of publications at the end of the report.
- An ongoing collaboration between Athletics, Counseling and Psychological Services, and the Victim Empowerment Program to provide drug and alcohol misuse prevention education and raise awareness of high-risk situations and connection between substance use and interpersonal violence and sexual assault.
- The HLP administered the National College Health Assessment in spring 2022. The survey is used nationally to help identify health-related trends in college students.
- Panthers for Recovery provided virtual meetings during this reporting period.
- The FIU-2501 Student Conduct and Honor Code was updated to specifically reflect Medical Amnesty for Alcohol or Drug use October 2020.
- A [website](#) for the AOD Taskforce was developed and deployed in 2022.
- Formal education campaign for FIU-2505 Alcoholic Beverages regulation was hosted in 2021-2022, with an official memo sent to faculty/staff in November 2021, and brief group presentations for the Deans Advisory Council, the HR Liaisons, the Operations Committee, and the Chairs Advisory Council.

PROGRAM OPPORTUNITIES FOR IMPROVEMENT

While this Task Force has achieved many accomplishments over the last several years, we continue to identify areas of necessary improvement to ensure we not only continue to comply with regulations, but to also strive to provide quality programs and services to our campus community.

Opportunities for improvement include the following:

- Have AODTF members present a snapshot of their respective AOD-related data to better inform the members of the needs of the FIU community.
- Continue to work on establishing a Collegiate Recovery Program (CRP) to support students who are in recovery and need additional resources and assistance.
- Better utilization of AOD data, both programmatic (HLP and OEA) or direct services (Counseling and Psychological Services/Student Health Clinics, OEA, and Student Conduct and Academic Integrity) Review current AODTF roster to determine gaps in membership.

RECOMMENDATIONS FOR REVISING AOD PROGRAMS AND SERVICES

FIU's Alcohol and Drug Taskforce and its affiliates will continue to evaluate and expand data collection and analysis of the impact of intervention and prevention programming delineated in this report. Our environmental intervention strategies will continue to include an emphasis on fostering a physical, social, economic, and legal environment conducive to interventions for and the prevention of alcohol and drug misuse.

To increase awareness of the University's AOD Policy, the Task Force will seek approval for the distribution of the AOD Policy to all enrolled students, faculty, and staff through an automated process through Enrollment Management. We recommend redesigning the current [website](#) for Drug-Free Campus/Workplace to become the primary site for all AOD related content, including workshop and educational materials. We also recommend the establishment of a Collegiate Recovery Program, headed by an AOD Coordinator, and a dedicated space for the Panthers4Recovery student group.

PROCEDURES FOR DISTRIBUTING THE ANNUAL AOD NOTIFICATION TO STUDENTS AND EMPLOYEES

The FIU alcohol and other drug policy is distributed to students, faculty and staff via student handbooks, semester course registration guides, various websites (Student Affairs, HEOA Student Consumer Information, etc.) and the FIU undergraduate and graduate catalogues. In addition, the Alcohol & Drug Policy Notification is sent via email to all FIU students and employees at least twice (2) times a year, on the first weeks of the fall and spring semesters. The Office of University Compliance & Integrity's verifies the messages were sent out via their automated Regulatory Compliance Calendar. Email reminders are sent out to the Vice President of Human Resources and the Executive Vice President of Academic and Student Affairs each period. When the notifications are sent, the calendar item is recorded as being completed. (The calendar item is made part of the Monthly Compliance Report, which is used for reporting purposes to the University President and the University Board of Trustees.)

Pursuant to the regulations, these written policies and their distribution to all employees and students follow federal guidelines requiring the University:

- ☐ Adopt and implement a drug prevention program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by all students and employees both on school premises and as part of any of its activities
- ☐ Develop a sound method for distribution of the policy to every student and FIU staff member each year.
- ☐ Review its AOD programs and policies every two years

Policies/Regulations	Summary
Drug and Alcohol Policy and Procedures for Certain University Marine Employees	This policy supplements the FIU Boating Safety Manual and the requirements contained in FIU Regulation 2505, Alcoholic Beverages; FIU Policy Alcoholic Beverages and Illegal Drug Possession; and FIU Policy Drug-Free Campus/Workplace Drug and Alcohol Abuse Prevention Policy
Florida International University Drug-Free Campus/Workplace Drug and Alcohol misuse Prevention Policy Annual Notification Memo	Biannual memo distributed to all students, faculty, and staff regarding Drug-Free Campus policies and resources
FIU-2501- Student Conduct and Honor Code	Addresses expectations for all students. Provides information on medical amnesty due to use of alcohol and other drugs
FIU-2505 Alcoholic Beverages	Governs the responsible and permissible possession, services, sale, consumption, and distribution of alcohol at FIU.
FIU-113 Smoke, Vape-Free and Tobacco-Free Campus	Smoking and/or vaping or is prohibited in all areas of the University campus.
185.001 Alcoholic Beverages and Illegal Drug Possession Policy and Procedure	The consumption of alcoholic beverages by members of the university community is subject to the alcoholic beverage laws of the State of Florida and FIU policy and regulations.

AOD TASK FORCE MEMBER DEPARTMENTS

Office of the Vice President for Academic and Student Affairs

The VP for Academic and Student Affairs, Dean of Students, and University Ombudsman all play vital roles in decision-making for AOD strategies, policies, and enforcement. The Vice President is responsible for the maintenance and dissemination of AOD policies including those pertaining to the sale and use of alcoholic beverages, drug policy and sanctions for policy violations. Along with the VP of Student Affairs, the Dean of Students and Associate Dean of Students/Ombuds are integrally involved in the AOD Program Services through interfacing with units in the Division of Student Affairs, Academic Affairs, individual faculty, parents, students, and FIU Police. The Dean of Students staff serve as resources for student concerns and support.

Athletics

Maintains a strong commitment to provide drug and alcohol education for student-athletes. Once a year, all student-athletes attend a mandatory meeting in which they receive information on AOD policies and procedures.



Housing and Residential Life

Professional and student Residential Life staff are responsible for promoting the personal and academic success of students living in the residence halls. All staff are trained to deal with intoxicated students (confrontation, referral, transport, etc.). Resident Assistants (RAs) interface with Healthy Living and Counseling and Psychological Services staff to plan and implement prevention programs and events in on-campus housing. Residential Life staff also work closely with Student Conduct and Conflict Resolution should a student be suspected of a violation of university.

Counseling and Psychological Services

With a staff of more than 15 psychologists and mental health counselors, students may receive consultations by appointment or through same-day/walk-in triage sessions. Counselors are on call 24/7 for emergencies after hours. At CAPS, students are provided with caring and confidential services which include individual counseling, assessment, case management, and referral to community agencies and self-help programs if appropriate.

Office of Student Conduct and Academic Integrity

Plays a key role in the review and implementation of alcohol and drug sanctions on campus. The vast majority of SCAI programming is devoted to civility and educating the university community on the rights of students and on the procedures associated with the university conduct system. Specific AOD education and programming is directed at student conduct committee members (trained student, faculty, and staff adjudicators of alleged violations of the university's Code of Conduct) for the purpose of ensuring that they are duly educated about culture, prevalence, and impact of alcohol and drug consumption within the FIU university community. This committee meets with students who have violated University or civil laws and makes recommendations for adjudications, education, or counseling when appropriate.

Robert Stempel College of Public Health and Social Work

The Robert Stempel College of Public Health and Social Work at Florida International University is fully accredited across all Council on Education for Public Health (CEPH) criteria. Stempel College inspires groundbreaking research and education through a nurturing academic environment that influences policy and promotes healthy lives in communities near and far. The college's academic disciplines—Public Health, Biostatistics, Dietetics and Nutrition, Social Work, and International Disaster Preparedness—are advancing research and practices, bringing students and faculty to the forefront of their fields.

Prevention and Research Faculty

As South Florida's only public research university, FIU is home to several research teams who focus on multidisciplinary AOD prevention science. Faculty affiliated with the Community-Based Research Institute (CBRI), housed in the Stempel College of Public Health and Social Work and faculty affiliated with the Nicole Wertheim College of Nursing and Health Sciences maintain federally funded projects which support prevention programming culturally tailored for FIU's unique student population. These include the "Miami-Dade Partnership for Preventing Health Risks among Young Adults" and "SALSA: Student Awareness of the Link between Substance abuse and AIDS/HIV/Hepatitis Program at a Hispanic-Serving University" projects which are both currently awarded to FIU research faculty and funded by SAMHSA.

University Police Department

As partner in the University's commitment to providing an environment that fosters the goals of education and research, the University Police work closely with Residential Life, Student Conduct and Academic Integrity and the Dean of Students Office to prevent and investigate criminal activity and enforce laws on campus. University Police Department (UPD) attends several prevention programs and events throughout the year and maintains and reports crime logs.

Healthy Living Program

HLP encourages students to engage in healthy lifestyle practices and to become advocates of their health decisions through outreach and individual services. HLP educates students about risks and consequences of using alcohol and other drugs so they can make informed choices and avoid doing things that can negatively impact their lives (unprotected sexual contact, interpersonal violence, arrests for driving under the influence, etc.). Health Educator staff and student assistants plan, implement, and evaluate tailored programs across campus for several student groups including athletes, Greeks, first year students, and students living in campus housing. Upon request, Health Educators are readily available to present in academic courses as well.

Office of Employee Assistance (OEA)

OEA is an employer-sponsored program that provides free and confidential professional assistance to help active and retired faculty as well as professional staff and their immediate family members resolve personal problems, such as AOD use that affects their personal lives or job performance. The OEA is also a source of AOD information and education increasing awareness of AOD policy at all faculty and staff assemblies, health fairs, wellness activities, and new faculty and professional staff orientations.



FIU FACULTY CONTRIBUTIONS TO AOD RESEARCH 2020-2022



<div>Year</div> <div>2020</div>	<div>Research/Publications</div> <div>DocuSign Envelope ID: D84D627E-9691-4181-B1A0-986D0E6FFB65</div> <div> <p>wagner, E.F., & Baldwin, J.A. (2020). Recovery in special emphasis populations. <i>Alcohol Research & Health</i>, 40(3), 5. https://doi.org/10.35946/arc.v40.3.05.</p> <p>Kopera, M., Zaorska, J., Trucco, E.M., Suszek H., Kobyliński P., Zucker R.A., Nowakowska M., Wojnar M., & Jakubczyk A. (2020). Childhood trauma, alexithymia, and mental states recognition among individuals with alcohol use disorder and healthy controls. <i>Drug and Alcohol Dependence</i>, 217, 108301. https://doi.org/10.1016/j.drugalcdep.2020.108301</p> <p>Ebrahimi Kalan, M., Bahelah, R., Bursac, Z., Ben Taleb, Z., DiFranza, J.R., Tleis, M., Nakkash, R., Jebai, R., Alam, M.M., Cano, M.A., Sutherland, M.T., Fenni, K., Asfar, T., Eissenberg, T., Ward, K.D., & Maziak, W. (2020). Predictors of nicotine dependence among adolescent waterpipe and cigarette smokers: A 6-year longitudinal analysis. <i>Drug and Alcohol Dependence</i>, 217, 108346. https://doi.org/10.1016/j.drugalcdep.2020.108346</p> <p>Trucco, E.M., Fallah-Sohy, N., Hartmann, S.A., & Cristello, J.V. (2020). Electronic cigarette use among youth: Understanding unique risks in a vulnerable population. <i>Current Addiction Reports</i>, 7(4), 497-508. https://doi.org/10.1007/s40429-020-00340-w</p> <p>Fenkl, E.A., Jones, S.G., Aronowitz, T., Messmer, P., Olafson, E.A., Simon, S.R., & Framil, C.V. (2020). Risky sex and other personal consequences of alcohol and drug use among LGBTQ college students. <i>Journal of the Association of Nurses in AIDS Care</i>, 31(4), 476-482. https://doi.org/10.1097/JNC.000000000000161</p> <p>Zaorska, J., Kopera, M., Trucco, E.M., Suszek, H., Kobyliński, P., & Jakubczyk, A. (2020). Childhood trauma, emotion regulation, and pain in individuals with alcohol use disorder. <i>Frontiers in Psychiatry</i>, 11, 554150. https://doi.org/10.3389/fpsyt.2020.554150</p> <p>Hawes, S.W., Pacheco-Colón, I., Ross, J.M., & Gonzalez, R. (2020). Adolescent cannabis use and conduct problems: The mediating influence of callous-unemotional traits. <i>International Journal of Mental Health and Addiction</i>, 18(3), 613-627. https://doi.org/10.1007/s11469-018-9958-9</p> <p>Cristello, J.V., Sutherland, M.T., & Trucco, E.M. (2020). A preliminary validation of the adolescent e-cigarette consequences questionnaire. <i>Drug and Alcohol Dependence</i>, 213, 108118. https://doi.org/10.1016/j.drugalcdep.2020.108118</p> <p>Flannery, J.S., Riedel, M.C., Bottenhorn, K.L., Poudel, R., Salo, T., Hill-Bowen, L.D., Laird, A.R., & Sutherland, M.T. (2020). Meta-analytic clustering dissociates brain activity and behavior profiles across reward processing paradigms. <i>Cognitive Affective Behavioral Neuroscience</i>, 20(2), 215-235. https://doi.org/10.3758/s13415-019-00763-7</p> <p>Kennedy, T.M., Walther, C.A.P., Pedersen, S.L., McKone, K.M.P., Gnagy, E.M., Pelham, W.E. Jr., & Molina, B.S.G. (2020). Beers with peers: Childhood ADHD and risk for correlated change in perceived peer and personal alcohol use across young adulthood. <i>Alcohol-Clinical and Experimental Research</i>, 44(11), 2350-2360. https://doi.org/10.1111/acer.14467</p> <p>Poudel, R., Riedel, M.C., Salo, T., Flannery, J.S., Hill-Bowen, L.D., Eickhoff, S.B., Laird, A.R., & Sutherland, M.T. (2020). Common and distinct brain activity associated with risky and ambiguous decision-making. <i>Drug and Alcohol Dependence</i>, 209, 107884. https://doi.org/10.1016/j.drugalcdep.2020.107884</p> <p>Ebrahimi Kalan, M., McKelvey, K., Ibrahimou, B., Trucco, E.M., & Ben Taleb, Z. (2020). The road to vaping: E-cigarette susceptibility and curiosity among U.S. adolescents susceptible and nonsusceptible to cigarette smoking. <i>Health Education and Behavior</i>, 47(5), 696-705. https://doi.org/10.1177/1090198120943166</p> <p>Cristello, J.V., Trucco, E.M., & Zucker, R.A. (2020). Exploring pathways to substance use: A longitudinal examination of adolescent sport involvement, aggression, and peer substance use. <i>Addictive Behaviors</i>, 104, 106316. https://doi.org/10.1016/j.addbeh.2020.106316</p> <p>Rhodes, J.D., Kennedy, T.M., Walther, C.A.P., Gnagy, E.M., Pelham, W.E. Jr., & Molina, B.S.G. (2022). Smoking-specific risk factors in early adulthood that mediate risk of daily smoking by age 29 for children with ADHD. <i>Journal of Attention Disorders</i>, 26(4), 525-536. https://doi.org/10.1177/10870547211003664</p> </div>
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Year	Research/Principal Investigators
2020	Gonzalez, R.: Drug Use Disparities Among Hispanics: Elucidating the Complex Interactions Between Socio-Cultural, Neurocognitive and Drug Use-Related Factors awarded by National Institute on Drug Abuse (2019 – 2020)
	Sutherland, M.T.: Impact of HIV and Cannabis on Brain Function: Regions, Networks, and the

Pelham, W.E. Jr.: Examining Tolerance to CNS Stimulants in ADHD awarded by National Institute of Mental Health (2013 – 2020)

Gonzalez, R.: Adolescent Brain Cognitive Development (ABCD): FIU awarded by National Institute on Drug Abuse (2015 – 2020)

2021

Wagner, E.F.: FIU-MDCPS Partnership for Preventing Health Disparities Among Youth awarded by Substance Abuse and Mental Health Services (2015 – 2021)

Trucco, E.M.: Generalized Anxiety: A risk factor for Electronic Cigarette Use Among Adolescents awarded by Psi Chi (2019 – 2021)

Wagner, E.F.: Behavioral Health Workforce Education and Training (BHWET) Program awarded by Health Resources and Services Administration (2017 – 2021)

Gonzalez, R.: Exercise, Cognition, and Cannabis Use in Adolescents awarded by National Institute on Drug Abuse (2019 – 2021)

Hospital, M.M.: Evaluation of the Gang Alternative Minority Violence Prevention Project 88 (MVP 88) awarded by United States Public Health Service (2017 – 2021)

Pelham, W.E. Jr.; Schatz, N.: Mechanisms of Response to Substance Use Prevention Intervention for Adolescents with ADHD awarded by National Institute on Drug Abuse (2014 – 2021)

Trucco, E.M.: Environment, Genes, and Temperament on the Development of Alcohol Use Disorder awarded by Alcohol Abuse and Alcoholism (2015 – 2021)

2022

Wagner, E.F.: FIU Center for Reducing Health Disparities in Substance Abuse and HIV in South Florida awarded by Minority Health and Health Disparities (2018 – 2023)

Trucco, E.M.: Identifying Drug and Alcohol Displays on Social Media Using a Machine Learning Approach, and Mechanisms That Impact Adolescent Substance Use awarded by National Institute on Drug Abuse (2021 – 2023)

Wagner, E.F.: The FIU Research Center in a Minority Institution (FIU-RCMI) awarded by Minority Health and Health Disparities (2022 – 2027)

Pelham, W.E. Jr.: Training Program in Adolescent Substance Use Disorders and Co-Occurring Mental and Behavioral Disorders awarded by National Institute on Drug Abuse (2019 – 2024)

Gonzalez, R.: Heavy Cannabis Use, Neurocognition and PrEP Care Engagement Among Young Black Sexual Minority Men awarded by National Institute on Drug Abuse (2022 – 2023)

Laird, A.; Sutherland, M.: Neuroimaging Meta-analytics for Addiction: Nodes, Networks, and New Heuristics awarded by National Institute on Drug Abuse (2017 – 2022)

Wagner, E.F.: FIU BHWET-Pro - FIU Behavioral Health Workforce Education and Training Program for Social Workers, Clinical Mental Health Counselors in Education, and Professional Counselors in Psychology awarded by Health Resources and Services Administration (2021 – 2025)

Gonzalez, R.: Adolescent Brain Cognitive Development (ABCD): FIU awarded by National Institute on Drug Abuse (2020 – 2027)

Wagner, E.F.: FIU Center for Reducing Health Disparities in Substance Abuse and HIV in South Florida awarded by Minority Health and Health Disparities (2017 – 2022)

Laird, A.: Adolescent Brain Cognitive Development (ABCD) Course on Reproducible Data Analyses awarded by National Institute on Drug Abuse (2020 – 2023)

Trucco, E.M.: Developmental and Peer Effects on the Neurobiology of Cognitive Control and Reward Processes awarded by Alcohol Abuse and Alcoholism (2020 – 2022)

Pelham, W.E. Jr.: The Pittsburgh ADHD Longitudinal Study: Predicting Alcohol Misuse, Problems, and Disorder in Mid-Adulthood awarded by Alcohol Abuse and Alcoholism (2020 – 2023)

Gonzalez, R.: The Effects of Cannabis on Cardiovascular and Cardiometabolic Disease Risk awarded by National Heart, Lung, & Blood Institute (2020 – 2023)

Gonzalez, R.; Laird, A.: Adolescent Brain Cognitive Development (ABCD)-USA Consortium:

Year	Quality Improvement Projects Principal Investigators
2020	Scaccianoce, M.: Implementing an Educational Intervention to Improve the Knowledge of Providers/Staff Caring for Substance Abuse Patients with Bipolar Disorder: A Quality Improvement Project
2021	Buscemi, C.: Improving Health Care Provider Knowledge when Discharging Patients with Substance Abuse: A Quality Improvement Project
	Alfonso, F.; Diane, A.: The Utilization of Dexmedetomidine as an Anesthetic Adjunct in Spinal Anesthesia to Reduce Perioperative Consumption of Opioids
	Campbell, Y.; Gattorno, J.: A Learning Module in Post-Traumatic Stress Disorder (PTSD) and the Use of 3,4-Methylenedioxymethamphetamine (MDMA) Assisted Psychotherapies in Patients who have PTSD and Other Alike Disorders
	Gonzalez, V.; Jordan, P.: Preoperative and Intraoperative Opioid-Sparing Analgesic Techniques to Reduce Postoperative Opioid Consumption in Patients Undergoing Open, Non-Emergent Abdominal Surgeries: An Educational Module
	Cuy, R.M; Miller, A.; Valdes, J.: An Educational Intervention to Promote a Shift in Attitude in Using Dexmedetomidine to Prevent Pediatric Emergence Delirium
	Miller, A.; Jordan, P.: A Quality Improvement Checklist for the Perioperative Management of Surgical Patients with Opioid Addiction on Buprenorphine
	Gonzalez, V.; Hatzis, B.: An Educational Module for the Use of the Erector Spinae Plane Block to Control Postoperative Pain and Reduce Opioid Consumption in Adult Patients Undergoing Thoracic Surgery
	Diaz, V.: The Use of Virtual Reality in Patients Undergoing Regional Anesthesia and its Impact on Patient Satisfaction, Anxiety, and Pain level: An Evidence-based Education Module
	Valdes, J.; Groom, J.: Uses of Immersive Virtual Reality Distraction as an adjunct to anesthesia to decrease levels of pain in patients experiencing acute procedural pain: An Evidence-Based Educational Module
	Miller, A.; Mato, J.: The Effectiveness of Single Dose Intraoperative Methadone Reducing Post-Operative Opioid Consumption at 24-48 Hours: A Quality Improvement Project
	Diaz, V.; Khavandegaran, S.: An Education Module for the Utilization of the Perioperative Quadratus Lumborum Block to Improve Postoperative Cesarean Section Pain
	Alfonso, F.; Mato, J.: The Use of Continuous Perioperative Dexmedetomidine Infusion to Reduce Opioid Consumption in Adult Patients Undergoing Spinal Lumbar Surgery: A Quality Improvement Project
	Miller, A.; Chan, C.: Transcutaneous Electrical Acupoint Stimulation to Decrease Opiate Utilization in Surgical Patients: An Evidence Based Education Module
	Alfonso, F.; Wells, D.: An Education Module for the Utilization of Pulmonary Recruitment Maneuvers During Trocar Removal to Improve Post-Laparoscopic Shoulder Pain
	Diaz, V.; Gattorno, J.: The use of Dexmedetomidine to mitigate perioperative anxiety in pediatric patients receiving general anesthesia: An evidence-based education module
	Gonzalez, V.; Bell, J.: Use of the Erector Spinae Plane Block for the Perioperative Pain Management of the Cardiac Surgical Patient: An Educational Module
	Campbell, Y.; Body, A.: The Utilization of Dexmedetomidine in the Elderly Population to Decrease Postoperative Delirium: A Quality Improvement Project
	Gonzalez, V.; Chan, C.: Education Intervention Regarding Utilization of the Quadratus Lumborum Block for Post-Operative Analgesia Following Abdominal Surgery

Attention on the PECS II Block and Its Role in Reducing Opioid Consumption and Acute Postoperative Pain in Mastectomy Patients

2022

Brenes, F.: Disparities and Demographics in Urban and Rural Populations That Could Influence Substance Use Behaviors: A Quality Improvement Project

Sherman, D.: Educational Intervention for Healthcare Providers on Using the STOPP/START Tool to Manage Polypharmacy in Older Adults: A Quality Improvement Program

Brenes, F.: Knowledge Awareness of Mental Health Risk Factors in Youths Among Healthcare Providers in an Outpatient Psychiatric Clinic in Miami, Florida: A Quality Improvement Project

Buscemi, C.: Opioid-Sparing Anesthesia in Cardiac Surgery Requiring Cardiopulmonary Bypass

Campbell, Y.; Rodriguez-Diaz, A.: Lavender Aromatherapy Compared to Midazolam For Quality Improvement Of Preoperative Anxiety In Elderly Surgical Patients: An Educational Module

Diaz, V.; Bell, J.: An Educational Module Explaining the Utilization of the IPACK Block Technique to Decrease Postoperative Pain and Opioid Consumption in Total Knee Arthroplasty Patients: A Quality Improvement Project

Sherman, D.: The Effect of a Resiliency Program on Psychological Well-being and Resilience of Miami-Dade Firefighters: A Quality Improvement Project

Diaz, V.; Drossos, M.: An Educational Module Explaining the Use of The IPACK Block and The Adductor Canal Block to Relieve Pain After Total Knee Arthroplasty: A Quality Improvement Project

Alfonso, F.; Goldman, H.: Epidural Neostigmine for enhanced Analgesia

Diaz, V.; Gonzalez, A.: An Educational Module Explaining the Use of Quadratus Lumborum Blockade To Decrease Opioid Usage During Colorectal Surgery: A Quality Improvement Project

Buscemi, C.; Campbell, Y.: Improving Anesthesia Care Provider Knowledge of Analgesia in Procedures for Retinopathy of Prematurity

Diaz, V.; Gattorno, J.: An Educational Module Explaining the Analgesic Efficacy of The PEC Block For a Radical Mastectomy: A Quality Improvement Project

Glymph, D.: Provider Education to Increase Knowledge of Chronic Pain Assessment in a Pain Clinic: A Quality Improvement Project

Diaz, V.; Gattorno, J.: An Educational Module Explaining The Effect of Cryotherapy on Post-Operative Opioid Consumption Following Orthopedic Surgery: A Quality Improvement Project

Alfonso, F.; Brown, K.: An Evidence Based Educational Module on the Efficacy of Single-shot Intrathecal Morphine in Minimizing Postoperative Opioid Requirement in Abdominal Surgery Patients: A Quality Improvement Project